

Puravida

November 1-4 2018

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	Thurs 1st	Friday 2nd	Sat 3rd	Sun 4th
8.00		Osho Dynamic Meditation with Mel (Z)	Osho Dynamic Meditation with Manuela (Z)	Osho Dynamic Meditation with Vishwa (Z)
9.00		Breakfast	Breakfast	Breakfast
10.00 (ends 11.15)		Osho Satsang with Tarisha (Z)	Osho Satsang with Tarisha (Z)	HV AUM Meditation with Parvesh (Z) or 11.00 Singing Medicine with Tarisha (S)
11.30		Bioenergetics with Anuprem (Z) or Rebirthing with Devaraj (S)	Bioenergetics with Anuprem (Z) or Biodanza with Niraj (S)	
13.00				13.00 Lunch
13.30		Lunch	Lunch	13.45 – Help with Dishes
14.15		Help with Dishes	Help with Dishes	14.15 – Total Life Change Programme Talk with Svabhavo (Z) 14.45 – Closing Circle
15.30 (ends 17.30)	Arrival & Check-in	Trance Dance with Niraj (Z) or Playfighting with Frank & Sheila (S)	There Is Only Love with Tarisha (Z) or Bodyplay with Frank & Sheila (S)	
17.45		HV Sacred Earth Meditation with Dhyanes (Z) or Gong Bath with Scania (S)	HV Sacred Earth Meditation with Neal (Z) or Gong Bath with Scania (S)	
19.00	Dinner	Dinner	Dinner	
19.45	Help with Dishes	Help with Dishes	Help with Dishes 20.00 AUM Talk (S)	
21.00	Evening Gathering (Z)	Evening Gathering (Z)	21.30 Evening Gathering (Z)	
22.00	DJ Parvesh + Yurt Sauna	DJs Miles Metric & Maria Lua + Yurt Sauna + Bonfire	Dress-up party Theme - ZOMBIFY! + DJs Caz & Bobby Lost + Yurt Sauna	

Hosted by Dev & Anuprem

Coffeeshop open 2-3.30pm & 5.30-7pm each day (1.30-2.30pm Sunday)
Witches Cauldron Alcohol Free Bar with Manuela, Supriti & Tanya each night 8pm to midnight