

Osho Leela



25th – 28th May 2018

What's On!

Amy HoopLovin



Amy is passionate about human connection and bringing people from all walks of life together. Her mission is to inspire more connection, laughter and authenticity through her workshops and out in the world. Amy's background is in circus, clowning and performance and she has been distinctly interested in self-development

since the age of 20. Amy has been facilitating workshops for 6 years and brings all of her vibrant energy to the work with lightness, spaciousness and play.

www.hooplovin.co.uk

Workshop info

From meditative depths of presence to ecstatic heights of joy, to somber melancholy and heart-pounding fun, an Authentic Relating Games session aims to guide an experience that goes outside the norms of our societal human condition and into connection with ourselves and others to create a stronger and thriving community!

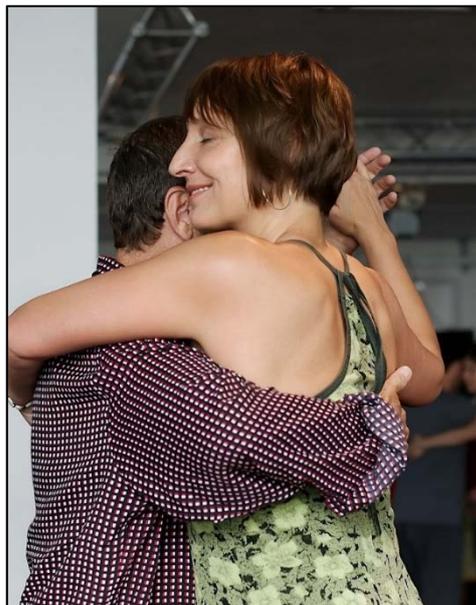
Entertainers:

We will have James Tae of 'Those Two Magicians' coming to entertain us all weekend. James is highly charismatic, cheeky and has an array of different characters and personas who also come out to play whilst he baffles you with his magic!

Echo Stark, a very talented hang drum musician, will be playing across the festival and offering to play for anyone who wishes to have a moment of 'dropping in' to a moment of harmonic bliss.

Amy HoopLovin will be hosting informal hula hoop sessions out in the garden at various times throughout the festival. If you have never hooped before then do set yourself a challenge of picking up a hoop and giving it some spins! Amy has a 100% success rate at teaching people hula hoop skills! FACT!

Navanita



Dance has always been a big love, and a natural part of my life. I grew up dancing Jazz & Contemporary ballet, and later enjoyed discovering partner dances such as Bachata and Merengue.. which I love for their uplifting music, and sexy feel good qualities! Then the Argentine Tango found it's way to my heart.

Over the years, I trained in the UK and Europe as a dancer, dance teacher and therapist, and for several yeas was involved in Community Dance Theater, as well as various performance projects and therapy groups.

It is my joy to share and facilitate tango and other Latin inspired dance intimacy workshops, and I love to support students

who wish to set free and express their inner dancer, improve their connection to their partner, and/or expand their vocabulary in the dance.

DJ'ing: The last few years I have been increasingly enjoying DJ'ing for Social Tango and Latin dance, traditional as well as non trad music when required, both on the continent and in the UK.

The Dance Sessions: Come and join us for this lovely chance to partner dance. We have three very different flavors from the passionate world of Latino!

* The Merengue is easy to learn, hot, fun and playful - it feels like a very sociable party... dance it any place, any time, with the person next to you!

* The Bachata has is slightly cooler than Merengue, yet cheeky and sensous... some say it's more romantic! The music has a very distinctive beat. Love it!

* The Tango touches something deeper, and is a unique and sensual language, which requires us to be fully present, just like a dynamic awareness practice. We embrace, listen and connect with each other, as well as to the music, and communicate through the dance as we move, sometimes melt, and flow together with our partner.

Dancing tango can be an emotional experience, and is often joyfully trans formative.

In a world of not enough healthy touch, it can be very nourishing to embrace and dance together in this way. By setting up clear boundaries, social tango creates a safe space for bodily contact! When we surrender into respectful natural dance intimacy, moments of magic happens!

* It this workshop we explore simple tools to help us improvise, connect and play to the music together.

If you are new to the dance or already experienced – all are welcome!

What to wear? Please wear soft comfy footwear with slidy soles or socks.

Marisa Tommasini



The universe and everything in it vibrates at its own unique frequency. The basic principle of Sound Healing is to restore the correct vibration to a body that is vibrating out of harmony.

Marisa uses the voice and healing instruments to aid healing in the physical and emotional body. She has a great understanding and respect for the healing power of Sound, Vibration and Energy, which she has explored in depth throughout her own personal journey, and through working with others. Marisa has trained with The Foundation for Shamanic Studies, The College of Sound and The Harmony of Spheres.

Contact Details

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CHAKRA GONG JOURNEY SESSION

Participants are invited to enter into a sacred space where they will be taken on a guided visual 'Chakra Clearing' meditation, allowing the participants to arrive into the space, preparing them to receive deep relaxation and healing with the incredible power of the gongs.

One to One - Sound Healing

I also offer private one to one Sound Healing sessions where I use my voice to clear blockages in the physical, emotional and spiritual body. I offer three types of sound healing, the individual can expect to receive the healing power of sound and deep relaxation.

One to One - SHAMANIC DRUM JOURNEY

I also offer Shamanic Drum journeys for those wishing to meet their spirit guides, receive messages or heal souls.

Paul Hurcomb



Paul Hurcomb spent 15 years as a practising Buddhist until 2003 when he had a profound shift in consciousness from mind identity to presence. This led him to India where he discovered the self-inquiry advaita teachings popularised by the great sage Sri Ramana Maharshi, and it was here he also met his own teacher Sri Mooji. Other teachers that have greatly

influenced him are Nisargadatta Maharaj and Eckhart Tolle.

Over the past 5 years Paul has been holding regular retreats and open meetings throughout Europe. He conveys the timeless self-inquiry teachings in a simple, direct and clear way.

E-mail: paulhurcomb@hotmail.com Web: <http://www.meetingsinstillness.com/>

Facebook: Meetings in Stillness

<https://www.facebook.com/groups/meetingsinstillness/?fref=ts>

“Satsang is not here to fix the person but to replace the person with pure Presence. The exchange from person to Presence takes place in front of that which can never ever change: the formless, ever-present witnessing consciousness.” ~ Paul Hurcomb

Scheduled Sessions

These meetings offer a guided space for Presence, silence, self-inquiry and truth. There is often a short talk followed by a meditative inquiry into your true nature. There is always time and space to ask any questions that you may have, to share your experience, or to simply just be. The meetings are spontaneous with the main focus placed on silence and authentic self-inquiry and genuine inner exploration of who and what we are beyond our conditioned identity.

One to one sessions

I am able to offer a limited number of one to one sessions with individuals, or couples to look at whatever you wish to in Presence. These sessions last 50 minutes and cost £50.

8# Traditional Irish Band

<http://www.8sharp.co.uk/>

<http://facebook.com/8sharp>

Telephone Éamonn: 741205 2511

info@8sharp.co.uk

We are a band mainly playing music and singing songs from Ireland although we also have a repertoire of other Celtic and non-Celtic tunes and songs.

We are known for our lively concerts, barn dances and ceilidhs (both Irish and Scottish) perform a range of Celtic music (both songs and tunes) from Irish and Scottish repertoire as well as Welsh and Cape Breton tunes.

The band is mainly fiddles and guitar. The music can be fast and exciting - great for stomping your feet - or slow and relaxing - great for chilling between the stomping!

We play with passion and always have a great time. Our enthusiasm is infectious and guarantees a good time for all.

Éamonn Kennedy - Guitar, Vocals

Éamonn (aka Ed) is our singer and guitarist. Born in Dublin, he has been singing Irish songs since he was a nipper. Éamonn drives the rhythm of the tunes with the powerful but sweet sound of his beautiful Fylde Alchemist guitar. He also delves into the classical world, taking classical singing lessons and has been known to sing an aria or two. During the day, Éamonn's an osteopath.

Rachel Bell - Fiddle

Rachel's played violin for many years and is classically trained. She's played all sorts of music including jazz, but loves Scottish music in particular. Rachel's a fast learner and can learn tunes in a flash! During the day Rachel is a violin teacher.

Matt Tarling - Fiddle

Matt has played the violin since the age of 10, playing classical violin to a high standard being accepted into the Purcell School of Music. He detoured from his classical training to live in County Clare where he learned the nuances of traditional fiddle playing. Matt teaches fiddle and also works as a recording artist from his home studio.

Sarasi Rogers **FAMILY CONSTELLATION**



The unresolved lives of our ancestors may still be energetically present and carried by us. Restore the love in the family system in this astonishingly healing process.

Sarasi has been working as a therapist for 35 years and with Family Constellation for 19 years.

Milarepa Burgin



Trained at the Dorset School of Biodanza at Osho Leela, I've been teaching Biodanza since 2011, so returning to Leela to lead a vivencia at the May Love Fest feels like something of a homecoming. Although, as I write this, the festival is still a few months away, I'm already beginning to piece together the structure of the vivencia and, as you might expect, it is already bursting with that beautiful, affective energy that is

synonymous with Biodanza. Come and join me for what promises to be a truly joyous journey into the heart.

Contact details:

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<https://www.facebook.com/groups/BiodanzawithMila/>

www.biodanzaworks.com

Rajan Ives



I studied shiatsu in the early 80's. I then became a teacher at the British School of Shiatsu in London for ten years. I am still a practitioner working in various clinics and health retreats.

Contact details:

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Session

During this workshop you will be both giver and receiver of simple yet powerful shiatsu techniques. I will share some of the profound principals that make this form of bodywork so nurturing and healing.

Sanjula Manthe



Sanjula is part of the Osho Leela workshop team. She has worked as a Healer, bodyworker and workshop facilitator for many years.

Healing the Heart Workshop

The Healing the Heart workshop will support you to expand your ability to Love. The heart is our true guide in how we are doing inside. Participants will interact in the workshop with sharing, healing exercises and meditation.

Sessions

Sanjula will be offering Healing and bodywork sessions. She is trained as a Spiritual healer and has many years of bodywork and massage experience.

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